

Posture



Stand up straight with the Club positioned in line with the belt buckle, arms hanging naturally



With the arms still hanging naturally, bend from the hips until the Club reaches the floor



Flex the knees creating a central weight position, ensuring great balance through the swing



David Nash PGA Pro

With over 10,000 hrs of teaching under his belt David is a prominent member of the teaching staff at The Hertfordshire. If you would like to improve your game then please contact him on 01992 466666 ext 227