

# *At The Top*

The chances of delivering the club head square to the ball at impact are vastly increased if the golfer has a sound position at the top of the swing. Another common misconception is, the further back you swing, the further the ball will go.



From halfway back you should turn using your shoulders to the top of your backswing, rather than swinging just your arms, keeping the weight centred during the backswing.



This rotation keeps your arms connected to the body giving you more resistance, resulting in you are turning rather than swaying which creates greater club head speed and control.

**Chris Payne, (PGA Professional).** With over 7 yrs teaching experience Chris Payne is one of 6 teaching professionals at The Hertfordshire GCC.

For lessons guaranteed to improve your game please contact Chris on 01992 466666 ext 227

